

Visioning Exercise

An inner-work exercise by Emma McCreary · www.TaoofProsperity.com

CREATING A VISION

Get in a calm, still place where you can write. Free-write the answers to the questions below. Express what you want to come true and how it feels.

What do I want my business to look like?

What would make me truly happy?

What do I love about what I'm doing that I would like to expand on?

What do I want to be different? What would that look like specifically?

ANCHORING YOUR VISION

Pick a medium you enjoy and make a creative representation of your vision. For example:

- A collage of pictures that represent how you want your business to grow
- A drawing of how you will feel when you are successful
- A creative writing piece describing your ideal day, written in the third person

FIRST STEPS

Identify three small, do-able steps that will start you moving today.

1.

2.

3.